



Cass County Interagency Group

JULY/AUGUST 2023 NEWSLETTER

The Cass County Interagency Group is made up of Cass County agencies, businesses, and individuals who have made it their goal to improve the lives of Cass County residents by increasing access to valuable resources and creating new opportunities for the public through collaboration.

Upcoming Events

Cass County Health Clinic Back to School Physicals

A-C Central Schools

Chandlerville: July 18th from 8:30 am - 12:00 pm

Ashland: July 19th from 8:30 am - 4:30 pm

Virginia

August 3rd from 8:00am - 1:00 pm and 4:00 pm - 6:30 pm

Beardstown

August 2nd and 3rd from 10:00 am - 6:30 pm

-Cass County Health Clinic staff will be on-site providing physicals for those who may need one for school registration. Be sure to have your insurance card ready!

World Breastfeeding Week Celebration of Moms

Saturday, August 5, 2023 at the Roy Roberts Park, Beardstown, IL

10:00 am - 11:30 am

-Cass County Health Department and WIC staff will be hosting a celebration of breastfeeding for World Breastfeeding Week! Breastfeeding moms can join us for a special breastfeeding photo and summer treats for the kids! Event will be set up near the playground.

Be Aware Wellness Fair

Saturday, August 5, 2023 at Central Park Plaza in Downtown Jacksonville

10:00 am - 12:00 pm

-Look for lots of great local vendors at this fun and vibrant back to school event!

Cass County Health Department Back to School Bash!

Monday, August 7, 2023

5:00 pm - 7:00 pm at Jennie Marr Dunaway Memorial Park, Virginia, IL

-CCHD will be hosting this FREE family friendly event! Look for free pool admission, free school supplies, bounce houses, food and more!

Cass County Health Clinic Patient Cook-Outs

Tuesday, August 8 and Thursday, August 10, 2023

11:00 am - 1:00 pm

If you are a patient with CCHC please join us for one of our annual patient cook-outs- and keep in mind that we are accepting new patients- so share the word!

All About Medicare

August 14, 2023

5:30 - 7:00 at All About Wine, Springfield, IL

Health Alliance will be hosting a series of 6 seminars to assist the community in understanding Medicare. Contact Derek to RSVP, and for additional information and questions about upcoming seminars @ 877-933-8475.

The Cass County Health Department would like to thank everyone that came out to our Open House event in our new Beardstown location. We are thankful for your support and honored to grow and serve in our community, along with your community partnerships and collaborations.



Be sure to check-in through social media to keep up with what's up and coming in our communities. It's a great way to share event information and promote each other's work!

Announcements

- Cass County Health Department has at home COVID-19 tests and masks for anyone that needs them.
- Families may be eligible for Child Care Assistance - visit www.wccccc.com or call 217-222-2550 for NEW and UPDATED CCCC information!
- Cass County Health Department holds CPR and BLS courses monthly! Call Louise at (217) 452-3057 x 1321 for info and reservations.
- Cass County Health Department has FREE Narcan available– no questions asked.
- Rental assistance funds will become available again in July. Call Jeremy at MCS for additional info. (217) 243-9404
- Next LIHEAP window opens in October and will be serving priority clients only at that time.
- The water assistance program will not be renewed.
- Cass County Community Closet in Virginia is open every 3rd Saturday monthly, or by appointment. Call (217) 452-3057 for more info about making an appointment.
- The West Central Mass Transit Department is hiring!! Call (217) 245-2900 to inquire about their open positions.
- Jacksonville Area Center for Independent Living will be hosting support groups and meet-ups this summer. Contact (217) 245-8371
- MCS Community Services may be able to help with education, trainings, and hygiene items. Call (217) 243-9404 for info.
- Birth to Five Region 1 is looking for Action and Family Council members! Please see attached flyers for details.
- Cass County Health Clinic and Cass County Dental Clinic are accepting new patients! Call (217) 452-3057 for info!
- The Cass County Health Clinic Medication Assisted Recovery Program (MAR) will be working on forming a coalition to bring awareness to the program and community related issues, as was done before the COVID-19 pandemic. Please call Rebecca Ridgeway at (217) 452-3057 x1348 for more info.
- Cass County Health Department will be launching a pilot program focusing on fitness for seniors. This program is free, and will begin in August. Please contact Louise Yale at (217) 452-3057 x1321 for info.
- Please see attached flyers for Adult Education opportunities thorough Lincoln Land Community College. Feel free to share this info as you see fit!



Interagency Member Highlight



Rebecca Ridgeway

I have a Masters in Human Services with a concentration in Substance Use Disorder counseling. I have worked at Cass County Health Department for 3 years as a CADAC. I have been a counselor for 7 years and have a passion for improving the lives of those who struggle with substance use disorders. I am a mother of 2 and a grandmother of 1, but I am hoping for more in the future. In my spare time I like to read, swim, bike, and Kayak. I also like to travel to visit my granddaughter in Colorado as much as possible.

I can be reached by calling (217) 452-3057.

Next meeting:

September 20th , 2023 from 11:00 - 12:00

**Cass County Health Department
Virginia Office**

We will have a zoom option for this meeting as well. The link will be shared closer to the meeting date.



This is the official newsletter of the Cass County Interagency Coalition. Use this newsletter to stay updated on community events and opportunities to get involved. Do you have an event or idea you would like to include in the next issue? Email Hillary Kelly (hkelly@casscohealth.org) with a brief summary. All members of the coalition will receive this newsletter as it is released.

If after reading this you realize there is something you want to recommend for the community to work on let's start a discussion about it. There is always a possibility of partners to make that event happen!

Thank you all for your continued dedication!