

Support Groups



Macomb Area

Grief Support Group - 309.836.1544

Meets 1st & 3rd Mondays each month at the Home Health and Hospice building in Macomb at McDonough District Hospital

Quincy Area

HEAL (Helping Every Adult with Loss) Grief Group – 217.223.8400 Ext. 6823

Meets the 3rd Tuesday of each month at Blessing-Rieman College of Nursing in **Quincy**, 1st floor 10th & Oak at 7pm, for more information contact Rev. Dan Brothers.

Springfield Area

- **Grief Support Group – General 217.525.5675**

Support group for adults ages 18 and over for any type of loss. This group meets every Tuesday at St. John's Hospital in the first floor Chapel Annex. The group meets from 4:30 - 6:00 pm.

- **Children's Grief Support – 217.757.6770**

Open to children ages 6 - 12. This group is for any child who has lost a significant person in their life through death. Advance registration is required. Please call the Healing Hearts Program for current information.

- **Teen's Grief Support – 217.757.6770**

Open to children ages 13 - 18 that have lost a significant person in their life through death. Advance registration is required. Please call the Healing Hearts Program for current information.

- **Parent Support Group – 217.757.6770**

Open to parents of children who are attending one of the Healing Hearts Support Groups. Please call the Healing Hearts Program for current information.

- **SHARE Program – 217.525.5675**

This group is open to parents who have experienced pregnancy loss, stillbirth or infant loss. Meetings are held the first Wednesday of the month at St. John's Hospital in the Pastoral Care Conference Room. For more information, call the Pastoral Care Department.

- **SIDS/Infant Mortality Support Group – 217.525.5675**

A support group for parents and grandparents who have experienced a SIDS (Sudden Infant Death Syndrome) death or any other type of infant death. Meetings are held on Tuesdays from 6:45-7:45 pm in the St. John's Hospital Chapel Annex. For more information, call the Pastoral Care Department.

- **PALS (Pregnancy After Loss) – 217.525.5675**

A support group for expectant couples who have previously lost a child. Meetings are held from 7-9 pm on the second Wednesday of the month at the Carol Jo Vecchie Women and Children's Center, St. John's Hospital, Springfield. Contact Julie Blythe.